

EuroKids™

Right Start, Flying Start!

# THE PARENT HANDBOOK

YOUR ESSENTIAL GUIDE



Welcome to EuroKids, India's Leading Pre-School Network with over 23 years of expertise and a network spanning 400+ cities in 3 countries. As part of Lighthouse Learning, we're proud to shape the future of over 150,000 children daily across 1,600 Pre-Schools and 45 Schools.

Our commitment is to nurture your child's curiosity and creativity through a blend of play-based learning and innovative teaching methods. Join us in empowering your child to thrive and explore the joy of learning in a supportive environment. Let's embark on this exciting educational journey together at EuroKids, where we turn curiosity into knowledge and ideas into action!



# HEUREKA™

THE VISIBLE THINKING CURRICULUM

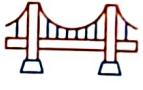
Presenting "Heureka" the Visible Thinking Curriculum at EuroKids, inspired by Harvard's **Project Zero**. Our curriculum is crafted to enhance critical and creative thinking skills through engaging routines like See-Think-Wonder and Think Puzzle Explore.

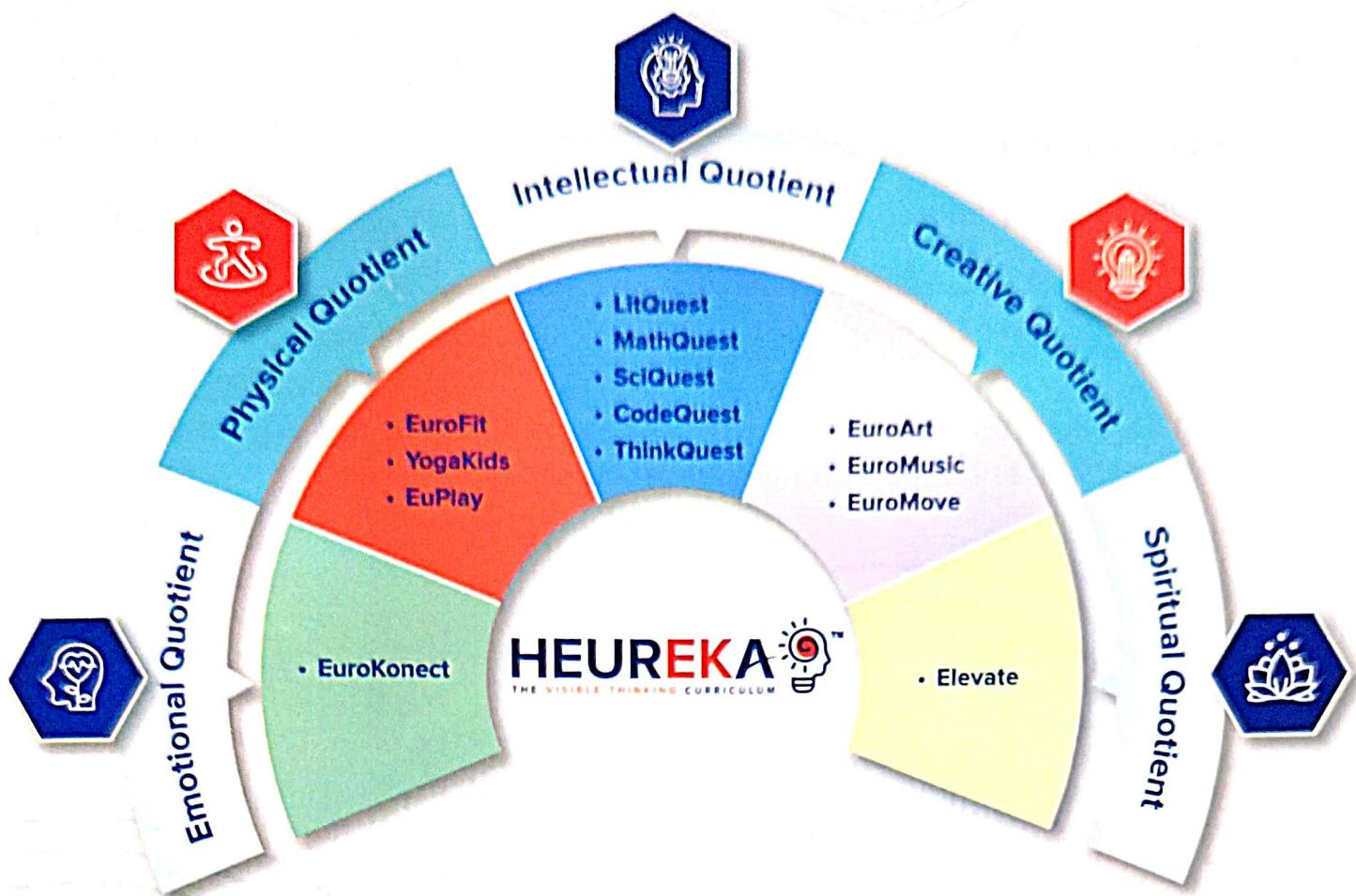
These methods promote deep engagement with content across various subjects, encouraging children to express themselves through speaking, writing, drawing, and more. Every child is empowered to explore, grow and dive into a learning experience where thinking becomes visible.



# Visible Thinking Routines

Visible Thinking revolves around Thinking Routines that help make students' learning processes visible. Thinking routines are simple, easy to use strategies that are repeatedly used in the Thinkroom. They are a small set of questions or a short sequence of steps that can be used across various grade levels and content. Thinking Routines are ways that encourage the learners to process information, interact intellectually and improve their critical thinking skills.

 See Think Wonder	 Chalk Talk	 321 Bridge
 Explanation Game	 Think Pair Share	 Think Puzzle Explore
 Name Describe Act	 +1 Routine	 Headlines
 Generate Sort Connect and Elaborate	 I Used to Think...Now I Think	 Colour Symbol Image
 How Else And Why?	 Circle of Action	 Question Starts
 What Makes You Say That?	 Circle of Viewpoints	 Step Inside
 Red Light Yellow Light	 Creative Hunt	



Our Heureka curriculum is rooted in the EPICS philosophy, fostering holistic development across **Emotional, Physical, Intellectual, Creative, and Spiritual Quotients**.

Through meticulously designed activities, we create a reflective environment that sharpens focus, enhances problem-solving skills, and ignites intellectual curiosity.

Leveraging our deep understanding of child behaviour, we tailor each child's learning journey to prepare them not only for academic success but also for lifelong personal growth.

This comprehensive approach makes Heureka an integral tool in cultivating a culture where thinking and learning are actively nurtured and celebrated.



## The Five main pillars of the curriculum



### Emotional Quotient

Emotional Quotient (EQ) nurtures a pre-schooler's ability to manage emotions and build relationships, enhance essential social intelligence and interpersonal skills for life.



**EUKONNECT**

- EuroKonekt enhances children's socio-emotional intelligence through storytelling, role-playing, discussions, focusing on empathy, cooperation, and conflict resolution. This supportive program promotes self-expression and appreciation of diversity, equipping children with essential life skills for future success.



## Physical Quotient

Physical Quotient comprises of three specialised programs that fosters fine and gross motor skills, improving muscle strength, cardiovascular health, and neuro-development. These activities are crucial for daily tasks and support cognitive and social-emotional growth.

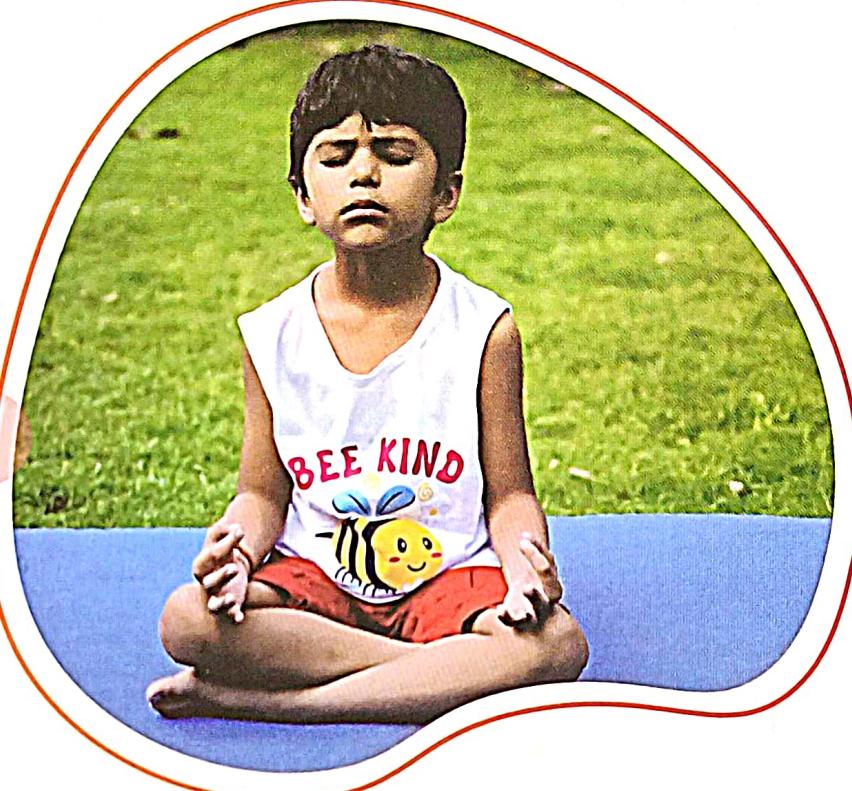


## EuroFit

- EuroFit, created by HealthSetGo, is an ISO-certified fitness program tailored for EuroKids that fosters a love for fitness while boosting concentration and academic readiness. The specially designed child-friendly equipment and exercises boost self-esteem as they try to achieve new milestones.

## YOGAKIDS

- YogaKids, developed by Shraddha Setalvad for EuroKids, uses yoga to promote physical strength, flexibility, and emotional wellness. YogaKids encourages mindfulness and self-regulation through Aasanas, and breathing exercises that improve concentration and memory. It sets a base for healthy living habits.



## EUPLAY

- EuPlay promotes free play to boost creativity, offering both indoor and outdoor activities like water and sand play. These playful experiences not only stimulate creativity but improves eye-hand coordination, and develops sensory skills, while creating a stimulating learning environment that supports comprehensive childhood growth.





## Intellectual Quotient

At EuroKids, we have designed five programs to develop the Intellectual Quotient (IQ). These programs enhance a child's capacity to use logic, make predictions, and develop cognitive abilities such as reasoning, problem-solving, and knowledge acquisition.



### LITQUEST

- The LitQuest program equips children with essential communication skills in listening, speaking, reading, and writing. It is integrated with EuPhonics, that helps in decoding words and reading independently by mastering letter-sound correspondences. This approach enhances reading fluency, vocabulary, speed, and comprehension thus boosting confidence.

## MATHQUEST

- The MathQuest program uses manipulatives and hands-on tools like beads, blocks, numicons, UTH kits, abacus, and tangrams, along with digital resources that encourage active engagement to explore concepts through play and real-life applications. Children learn by discovery, enhancing their reasoning and problem-solving skills, and connecting abstract concepts with concrete objects.



## SCIQUEST

- The SciQuest program nurtures curiosity and critical thinking through simple experiments and observations, enhancing problem-solving skills. Children learn to question and connect with their surroundings, fostering cognitive development and observational skills. The program promotes creativity, resilience, and collaboration through hands-on activities, instilling a passion for inquiry and discovery.



## CODEQUEST

- CodeQuest is an offline coding program that introduces young thinkers to computational thinking through age-appropriate, offline activities. Children will create simple algorithms using physical objects and participate in unplugged coding games that incorporate movement and storytelling thus improving their analytical thinking.



## THINKQUEST

- ThinkQuest, is our Thinkers Lab, a visible thinking routine program designed to foster purposeful thinking and deeper understanding. This structured approach encourages children to observe, analyse, and communicate their thoughts through open-ended questions about pictures, objects, or discussions. By developing skills like observation, inference, and interpretation, ThinkQuest also enhances vocabulary and language development.





## Creative Quotient

At EuroKids, we enhance the Creative Quotient (CQ) through the EuroArt, EuroMusic and EuroMove programs that nurtures imagination, problem-solving, and self-expression. Our programs foster curiosity, innovation, and flexible thinking, supporting cognitive, social, emotional, and physical growth. This approach boosts critical thinking, adaptability, self-esteem, and emotional expression for overall well-being.



### EUROART

- EuroArt, the art and craft curriculum at EuroKids, nurtures fine motor skills and imagination through diverse activities like painting, drawing, and role play. It provides opportunities to explore various art forms that enhance creative expression. EuroArt helps children express unique perspectives, developing fine motor skills and fostering appreciation for artistic endeavours.

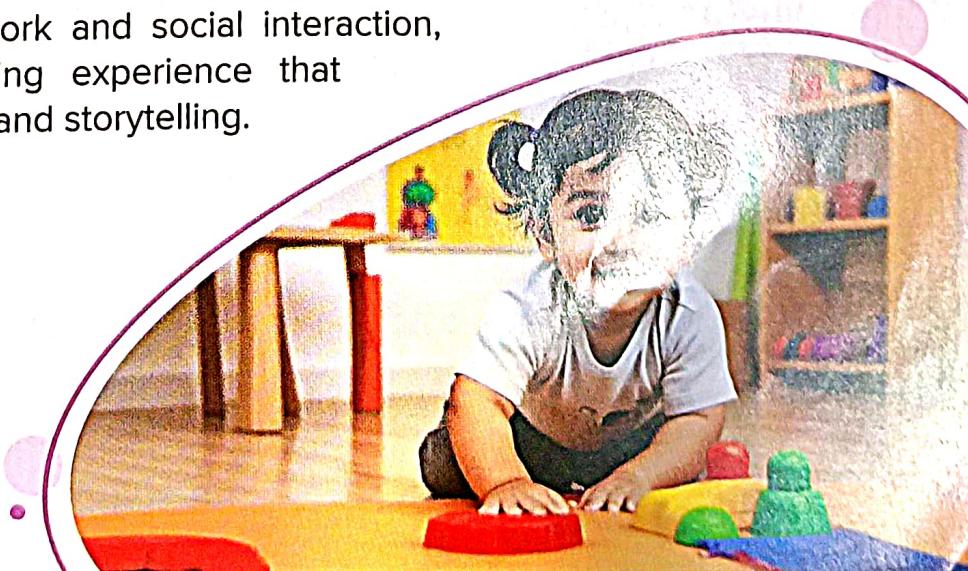
## **EURO MUSIC**

EuroMusic, in collaboration with SING. PLAY. LOVE., enhances early learning readiness through engaging songs, picture books, and music videos. Designed by a music therapist, it fosters social-emotional development, language, and literacy. The program regulates emotions, supports positive relationships, and encourages creativity. Group activities promote social interaction, cooperation, and teamwork, enriching holistic development and instilling a love of music.



## **EURO MOVE**

The EuroMove program blends movement and storytelling to ignite the child's imagination and creativity. Through dance stories, children improve coordination, balance, and flexibility while enhancing motor skills and fitness. This fun approach also boosts language skills as children express stories through dance, fostering emotional expression and self-confidence. Group activities promote teamwork and social interaction, offering a holistic learning experience that combines art, movement, and storytelling.





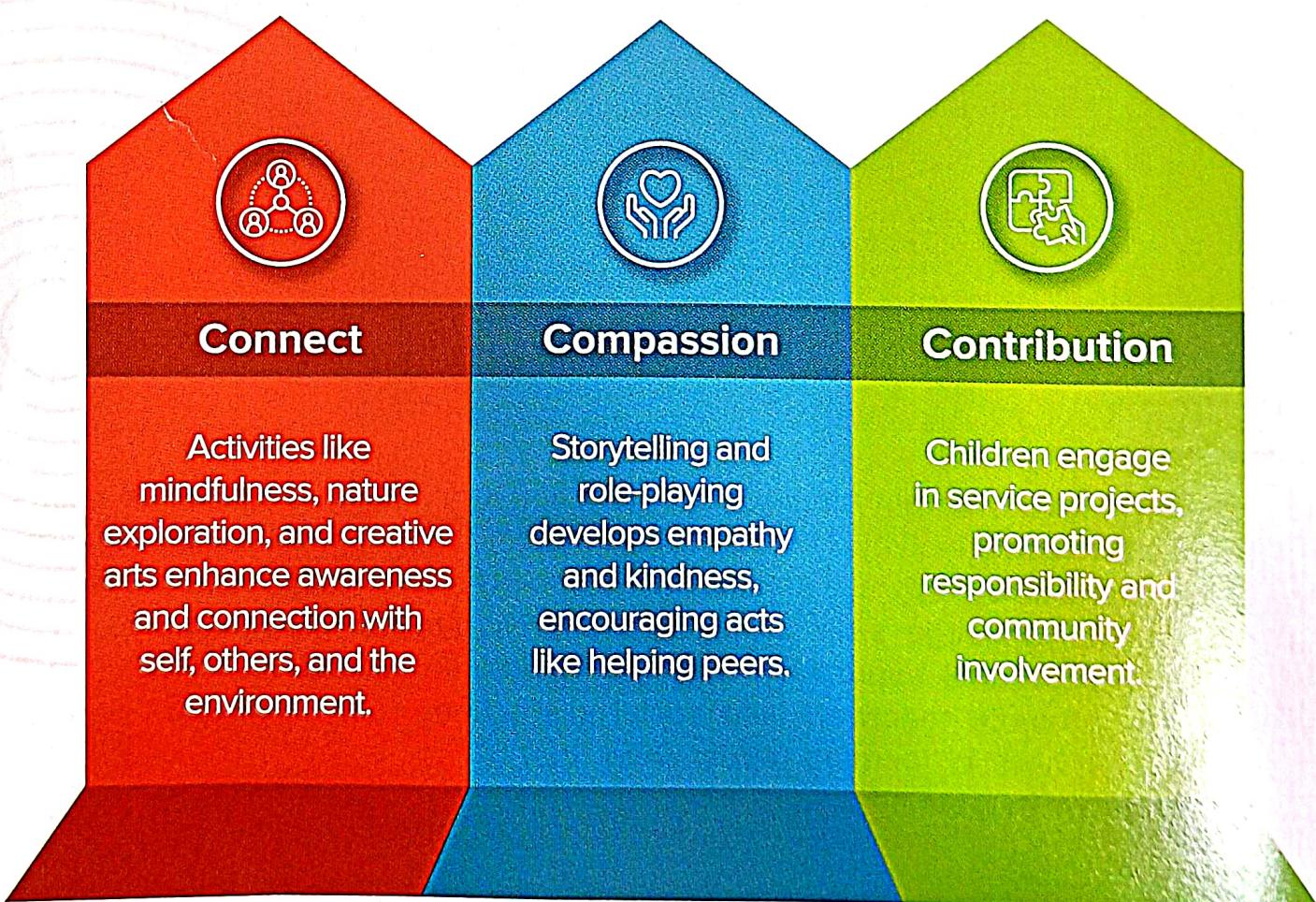
## Spiritual Quotient

Spiritual Quotient taps into a child's spiritual side, fostering intrapersonal and interpersonal integration and transcending the gap between self and others. It also encourages children to develop a sense of purpose and meaning around who they are, what they do, where they live, and what they are meant to be and want to become.

The Elevate program at EuroKids nurtures a child's Spiritual Quotient, fostering self-awareness and a sense of belonging.

### ELEVATE

- Elevate nurtures young children's Spiritual Quotient (SQ) through the foundational principles of Connect, Compassion, and Contribute.



This holistic program fosters a balanced sense of self, empathy, and active participation in the community.

# National Education Policy (NEP) 2020

We are very much aligned with the **National Education Policy (NEP) 2020** in India, which refers to the holistic development approach derived from the ancient Indian concept of **Panchakosha**—“Panchakosha Vikas.” This concept is integral to the NEP’s vision of nurturing students’ overall personalities.

The term “Panchakosha” means “five sheaths” or “five layers” of human existence, as described in Taittiriya Upanishad. These five layers are:

## **Annamaya Kosha** (Physical Layer):



The **Physical Quotient** in Heureka, relates to the physical body and its well-being.

## **Pranamaya Kosha** (Energy Layer):



The **Creative Quotient** in Heureka relates to creative expression and energy.

## **Manomaya Kosha** (Mental Layer):



The **Emotional Quotient** in Heureka deals with the mind, emotions, and thoughts. Emotional well-being and mental health are nurtured here.

## **Vijnanamaya Kosha** (Intellectual Layer):



The **Intellectual Quotient** in Heureka focuses on the intellect and wisdom, encouraging critical thinking, knowledge and discernment.

## **Anandamaya Kosha** (Bliss Layer):



The **Spiritual Quotient** in Heureka represents the innermost layer of joy and spiritual well-being, aiming for inner peace and happiness.

By focusing on these five aspects- **Sharirik Vikas, Pranik Vikas, Manasik Vikas, Bauddhik Vikas and Chaitsik Vikas**, the NEP 2020 aims to create a more balanced and enriched educational experience for students, preparing them for various aspects of life.

# Teaching-Learning Approach

EuroKids' teaching approach aligns with the "Panchadi" model recommended by National Curriculum Framework (NCF) for foundational education. We follow a five-step process—**Engage, Expand, Enhance, Enrich, and Evaluate**. This method ensures dynamic, interactive, and comprehensive learning tailored to young children's developmental stages and learning styles, fostering effective and impactful education.

## NEP

### Aditi (Introduction)

As a first step, the Teacher introduces a new concept/topic by establishing a connection with the child's prior knowledge.

### Bodh (Conceptual Understanding)

In the second step, children try to understand core concepts through play, enquiry, experiments, discussion, or reading.

### Abhyas (Practice)

The third step is about practice to strengthen understanding and skills through a range of interesting activities.

### Prayog (Application)

The fourth step is about applying the acquired understanding in the child's everyday life.

### Prasar (Expansion)

The fifth step is about spreading the acquired understanding through conversations, new stories, singing new songs, reading new books together and playing new games with each other.

## EuroKids

### Engage:

Captures interest and curiosity through interactive and exciting activities.



### Expand:

Builds on initial engagement by introducing new concepts and vocabulary.



### Enhance:

Deepens understanding through detailed exploration and structured activities.



### Enrich:

Broadens learning by connecting it to wider contexts and encouraging creative thinking.



### Evaluate:

Assesses understanding to further strengthen the concept and provide feedback.



## EuroKids Teaching Philosophy

Our approach is driven by the insights of esteemed Indian and international educational philosophers and thinkers, ensuring a holistic and engaging learning experience.

### Indian Educational Philosophers and Thinkers

#### Rabindranath Tagore (1861-1941)



- **Philosophy:** Believed in education that harmonised human beings with nature and culture, focusing on creativity and freedom in learning.
- **EuroKids Philosophy:** We incorporate nature walks, creative arts, storytelling, music and dance, and free play, fostering a connection with nature, creativity, imagination, rhythm and independence.



#### Mahatma Gandhi (1869-1948)

- **Philosophy:** Advocated Pre-Basic Education for children under 6, emphasising learning based on children's interests and the three Hs—Head, Heart, and Hands.
- **EuroKids Philosophy:** Inspired by Mahatma Gandhi's philosophy, our interactive self-management activities, moral values-based stories, simple art and craft, and community service activities emphasise intellectual growth, emotional development, and practical skills.

#### Sri Aurobindo (1872-1950)



- **Philosophy:** Believed in integral education, focusing on the physical, emotional, mental, and spiritual aspects of a child.
- **EuroKids Philosophy:** We incorporate this educational philosophy in our schools through yoga and meditation for physical and inner well-being and creative arts for self-expression. We cultivate emotional quotient (EQ), physical quotient (PQ), intellectual quotient (IQ), creative quotient (CQ) and spiritual quotient (SQ) growth through a balanced curriculum.



## Dr. Sarvepalli Radhakrishnan (1888-1975)

- **Philosophy:** Emphasised the importance of spiritual and moral education, fostering a balanced growth of mind and spirit.
- **EuroKids Philosophy:** We emphasise spiritual and moral education, fostering ethical values and balanced growth. Through our Elevate program, we ensure children develop into well-rounded and principled individuals.



## Swami Vivekananda (1863-1902)

- **Philosophy:** Emphasised character-building and holistic development of body, mind and spirit, nurturing self-confidence and self-discipline.
- **EuroKids Philosophy:** Inspired by Swami Vivekananda, we focus on the holistic development of mind (IQ), body (PQ) and soul (SQ), fostering intellectual growth, physical health, and moral values.

## International Educational Philosophers and Thinkers



### Friedrich Froebel (1782-1852)

- **Philosophy:** Founder of the kindergarten system, he believed in the importance of play in child development.
- **EuroKids Philosophy:** Play is central to our philosophy, embracing various forms, including individual, group, active, passive, outdoor, and sand-water play to foster creativity, social skills and physical development.



### Maria Montessori (1870-1952)

- **Philosophy:** Characterised by self-directed activity, hands-on learning, and collaborative play.
- **EuroKids Philosophy:** We embrace the Montessori Method, focusing on self-directed activity, hands-on learning and collaborative play, promoting independence and respecting each child's pace of development through free play and the Think Quest program.



## John Dewey (1859-1952)

- **Philosophy:** Advocated for democratic education, emphasising learning through experience and critical thinking.
- **EuroKids Philosophy:** We embrace Dewey's philosophy of real-life experiences and active problem-solving, developing critical thinking and problem-solving skills using the Visible Thinking Routine.



## Jean Piaget (1896-1980)

- **Philosophy:** Known for his theory of cognitive development, he believed children learn through interacting with their environment.
- **EuroKids Philosophy:** We follow Piaget's principle that cognitive development occurs through environmental interaction, prioritising hands-on experiences to foster cognitive growth.



## Lev Vygotsky (1896-1934)

- **Philosophy:** Introduced the concept of the Zone of Proximal Development (ZPD), highlighting the role of social interaction in cognitive development.
- **EuroKids Philosophy:** Utilising the ZPD concept, our Visible Thinking Routine helps teachers support children in identifying their current understanding and guiding them to new learnings.



# A Day at EuroKids

Welcome Ritual



Clean-up Time

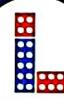


Learning Corners

Prayer & Attendance

MathQuest

Elevate/ Time4Reading/ Take Away  
/ Circle Time/ Story Time



Snack Time

LitQuest

EuPlay/ EuroMusic/  
EuroFit/ YogaKids

SciQuest

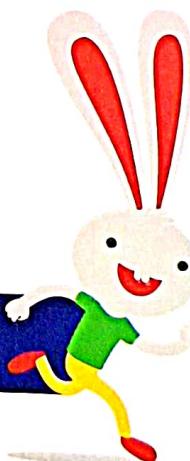


EuroMove/ WoW/  
EuroArt

ThinkQuest/ CodeQuest/  
EuroKonet/ Writing Time

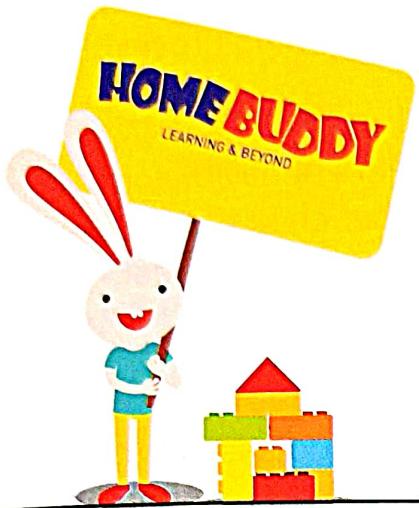


Transition to  
Home



Daily Routine for **PlayGroup & Nursery** is 3 hours and for  
**EuroJunior & EuroSenior** is 4 hours.

# The NEW and IMPROVED HOMEBUDDY APP



The use of the HomeBuddy educational application is encouraged and promoted to develop cognitive skills like memory, attention and reasoning. The app is centered on providing a variety of content for learners and parents to use. This includes interactive games, videos, music, stories, workbooks, and more. The app is designed to support learning through fun and engaging activities.

The use of the HomeBuddy app is limited to 20 to 30 minutes daily after school to reinforce learning in an enjoyable way while ensuring screen time is balanced with plenty of physical play and interaction.

Our curriculum is designed for 37 weeks, each week comprising of 5 days. These activities are designed to provide children with diverse and engaging learning experiences.

## Key Features:

- ▶ Interactive content designed to engage learners. It includes sub-sections such as Funzone, Picture Talk, Interactive Story and Audio Visual.
- ▶ Video content to enhance their learning experience. Sub-sections include Mind, Body and Soul.
- ▶ Hands-on activities and workbook-style content. Sub-sections include Home Connect, Class Connect, DIY and Life Skills.
- ▶ AI-generated content, where learners can access number rhymes, stories, fun facts and jokes.

Download the  
HomeBuddy app now



## Today's Schedule

The "Today's Schedule" is a feature in the HomeBuddy app, providing learners and parents with a list of content they need to complete for the day. This list helps them stay in sync with their school and the HomeBuddy learning journey. Completing this section daily indicates that the student is actively engaged in the learning process.

## Observation

The Observation module enables parents to see their child's behavior and strengths as observed by the teacher. It provides insights into the child's development and performance at school, helping parents identify the areas in which their child needs support.

## Analytics

The Analytics module in HomeBuddy provides parents with detailed insights into their child's engagement and performance within the app. Using the Analytics module, parents can gain valuable insights into their child's learning and engagement with the HomeBuddy app, helping them track progress and provide additional support as needed.

## EuroKids Reward

In the HomeBuddy application, EuroKids offers parents coupons for various brands to assist with shopping for their child.

## MyDay@EuroKids

The HomeBuddy app allows parents to view a list of completed daily school activities. This provides parents with insights into their child's entire day at school and their learnings.

## School Connect

School Connect is a feature in HomeBuddy that allows parents to communicate with their child's school for various reasons, like requesting leave, updating contact details, or communicating any other concerns.

## Funroom Memory

Using the "Funroom Memory" feature, teachers, centre heads and franchise admins can capture and share memorable moments from school activities with parents, enhancing the overall experience for everyone involved.



## Special Events

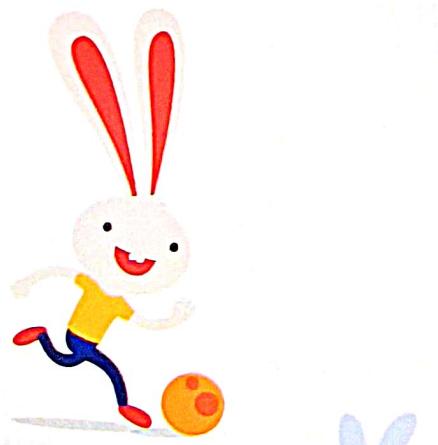
As part of our curriculum throughout the school year, we organise special events for parents and children. A few of the events are listed below:





## Vacation Program: Summer Club

The EuroKids Summer Club program is designed to keep your child engaged and learning during the summer break with a variety of fun and educational activities. Our relaxed yet structured environment ensures children enjoy a sense of routine while having fun. Our program offers a blend of learning and play, ensuring continuous growth and development. Children are exposed to a variety of new experiences and learning opportunities, broadening their horizons and sparking curiosity. Whether your child is a Wonderer (2-4 years) or a Discoverer (4-6 years), they will relish every moment of their summer adventure with us! The Summer Club focuses on the overall development of children, integrating cognitive, social, emotional and physical growth in a seamless manner.



## General Guidelines

### Progress Updates:

We regularly observe each child to ensure our program meets their individual needs. We hold Parent-Teacher Meetings and provide progress reports four times a year. Additionally, parents are welcome to contact the centre anytime to discuss their child's progress. We aim to keep parents informed and maintain open lines of communication.

### Celebration of Birthdays:

To ensure fairness and avoid any hurt feelings, we celebrate each child's birthday in the same way. We request parents not to bring cakes or treats for their child's birthday. Additionally, birthday invitations should not be distributed at the centre unless all children are invited, to ensure no child feels left out.

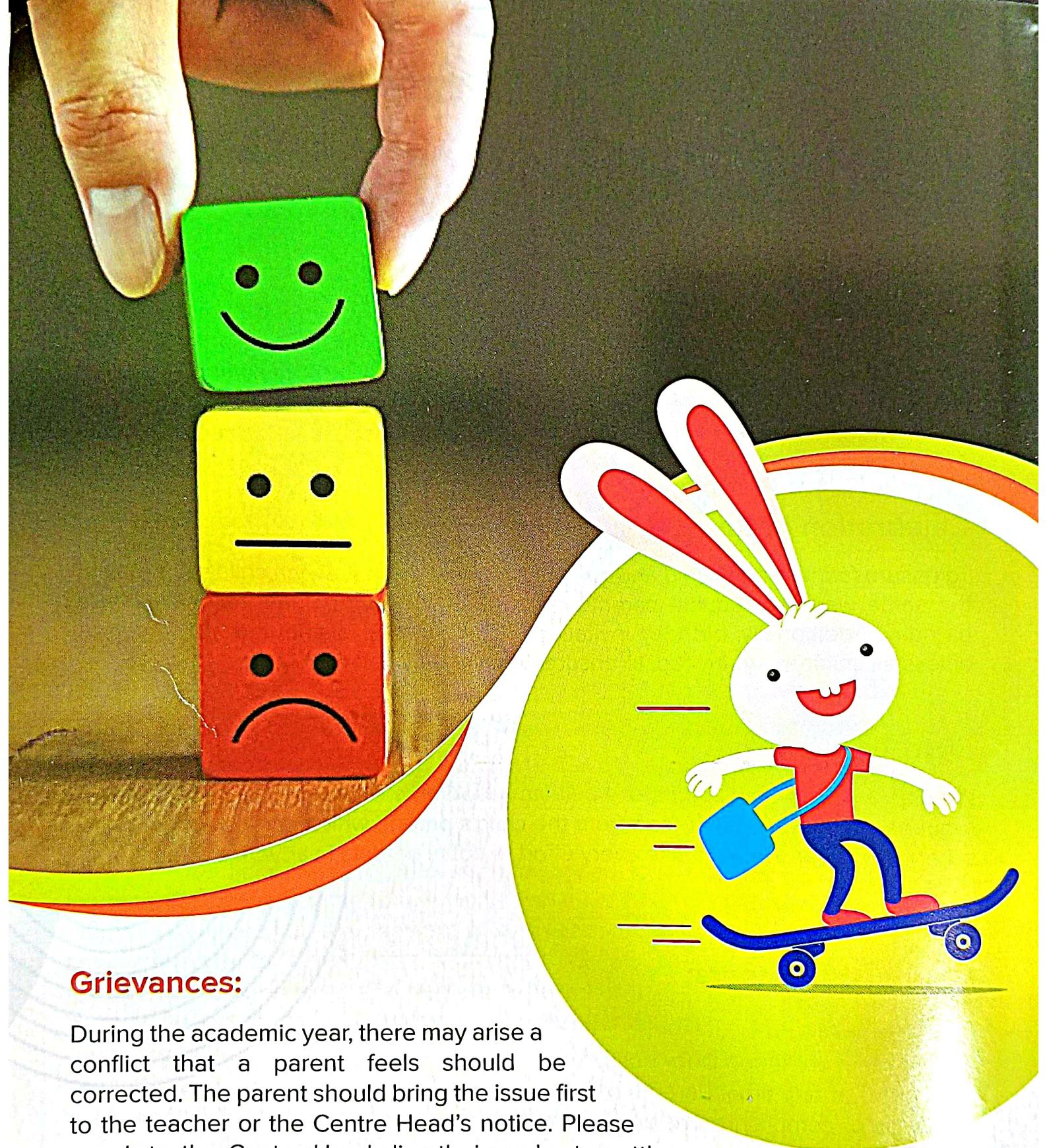
### Field Trip Policy:

We plan a variety of field trips and outings based on the monthly themes. Each trip requires a signed consent form from the child's parent, which can be found in the school organiser. We will make every effort to notify parents in advance about these local outings.

### Parents as Partners:

#### Open Door Policy:

We maintain an "Open Door Policy", where parents are welcome to phone or visit the centre at any time. Parents are also encouraged to speak with us about any concerns or complaints. We believe that strong communication between parents and teachers is essential for providing high-quality care for the children.

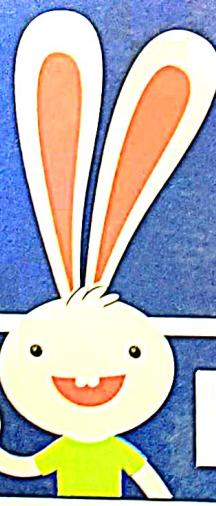


## Grievances:

During the academic year, there may arise a conflict that a parent feels should be corrected. The parent should bring the issue first to the teacher or the Centre Head's notice. Please speak to the Centre Head directly in order to settle a situation or grievance. If the conflict is not resolved to the parent's satisfaction, the conflict could be mailed to the corporate office at [feedback@eurokidsindia.com](mailto:feedback@eurokidsindia.com). The goal of the discussion is to resolve the conflict. The entire grievance process should not take more than two weeks to reach a final resolution.

# Building the Culture of **THINKING**



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**Euro Kids**

**Right Start, Flying Start!**

■ ■ a part of LIGHTHOUSE LEARNING GROUP

